3 REASONS

GOOD INFANT MENTAL HEALTH MATTERS





We have a shared stake to make sure babies develop sturdy brain architecture, because this foundation supports a lifetime of learning and productive participation in society. A reliable caregiver who is responsive to a baby's needs is the base for secure attachment, which allows an infant to explore and learn.



BODY

& HEALTH

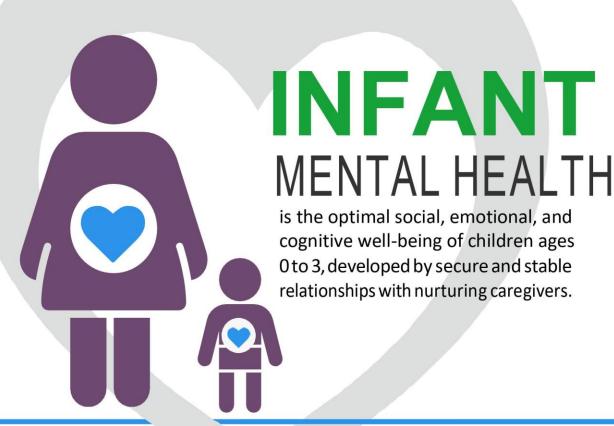


Toxic stress from broken caregiverinfant relationships can push a baby's stress hormones into overdrive. When constantly present, these hormones disrupt brain and physical development. And babies can't learn if their brains and bodies are working against them. The antidote to toxic stress? Affection and protection by a nurturing caregiver.





Secure attachment is a fundamental building block of social function. Children need relationships with sensitive caregivers to self-regulate, getalong with others, solve problems, and be productive — the basis for civicand economic prosperity.







Infancy Onward is a member of

Alliance for the Advancement of Infant Mental Health