



## Infant and Early Childhood Mental Health Mentor: Getting Started

Infant and Early Childhood Mental Health Mentor (IMHM/ECMHM), applicants are expected to demonstrate leadership in the promotion and practice of infant and early childhood mental health (IECMH). The examples below are for Clinical, Policy or Research/Faculty. This list is not all-inclusive, and applicants do not need to engage in all of the activities in order to earn Endorsement® as an IMHM/ECMHM.

- Organize/facilitate reflective practice groups and/or IECMH study groups
- Participate in system of care planning initiatives
- Participate in planning for regional, statewide, and/or national IECMH-specific conferences
- Represent IECMH interests in planning for National Early Childhood, Social Service, Child Welfare, Behavioral Health and Public Health conferences
- Work to increase the preference for endorsed personnel in contracts for services, child care rating schemes
- Work to address reimbursement issues for IECMH services
- Leadership in local/state IECMH association
- Provide leadership in graduate certificate IECMH programs
- Participate in inter-departmental efforts to integrate IECMH competencies into appropriate syllabi
- Participate as a member of doctoral candidate's committee when IECMH-related topics are proposed
- Publish (ZERO TO THREE, Infant Mental Health Journal, Infant Crier, Child Development, etc.)
  on topics related to the promotion or practice of IECMH
- Provide feedback to state agencies on current & proposed policies that promote IECMH practices
- Provide presentations on IECMH, its importance, and its role in all early childhood disciplines/systems
- Participate in planning groups promoting IECMH within early childhood systems
- Participate in regional, state, and national-level policy making groups, representing IECMH principles
- Publish Policy Briefs, White Papers, or Position Statements addressing IECMH
- Provide analysis of the impact of proposed legislation or policy on the populations served through IECMH service delivery systems
- Assist in Endorsement® exam development by writing vignettes or multiple-choice questions or by field-testing vignettes/multiple choice questions
- Assist with the Endorsement® process by being an EASy Application reviewer or advisor

If you are interested in presenting a training for the association, please contact Sarah Bailey, Infancy Onward Director of Training & Outreach <a href="mailto:sbailey@mhai.net">sbailey@mhai.net</a>. For general questions, please email <a href="mailto:Endorsement@infancyonward.org">Endorsement@infancyonward.org</a>.