



2019 Conference  
September 23rd  
Indianapolis



# Early Childhood Mental Health Consultation

## 9:00: IECMH Consultation: Key Considerations from the Field – *Brandy Fox*

**Presentation Description:** IECMH Consultation is a prevention-oriented approach to build the capacity of adult caregivers to support the social emotional development of very young children in their care. Key components of IECMH consultation will be reviewed including approaches to consultation, staff qualifications, and evaluation/outcomes measurements. Examples from a longstanding, statewide IECMH consultation project will be shared for illustration.

**Speaker Bio:** Brandy V Fox, LCSW, IECMH-E® is a Licensed Clinical Social Worker who received her Master of Social Work degree from Temple University (2005), a post-graduate certificate in Autism Studies from Penn State (2008), and Chatham University's Infant Mental Health Certificate (2011). Mrs. Fox has achieved Infant and Early Childhood Mental Health Endorsement® as a Policy Mentor. She is currently the Director of Cross-Sector IECMH Initiatives for the Pennsylvania Key and serves as Project Director/Young Child Wellness Expert for Pennsylvania Project LAUNCH (Linking Actions for Unmet Children's Health). These professional roles bridge the policy and programmatic work of the Office of Child Development and Early Learning and the Office of Mental Health and Substance Abuse Services. Prior to these roles, she has worked in the PA behavioral health system and managed care environments. She is currently the President of the Pennsylvania Association for Infant Mental Health and serves as the Endorsement Coordinator for the association. All her roles, both paid and volunteer, are focused on promoting cross-sector collaborations and strategies on infant and early childhood mental health policy and practice.



**10:30 – 10:45: BREAK**

## 10:45: The Impact of IECMH Consultation on Early Childhood System Professionals - *Brandy Fox*

**Presentation Description:** Caring for and supporting the social emotional development of young children is not an easy task for every adult or early childhood professional. IECMH consultation can reinforce the impact of nurturing relationships and high-quality early childhood experiences on the developing child. It can also help to reduce suspension/expulsion practices and reduce early childhood professional's stress levels. This session will discuss the impact of consultation on early childhood system professionals and include a myriad of ways in which this impact can be achieved. Examples from a longstanding, statewide IECMH consultation project will be shared for illustration.

## 12:00 - 1:00: LUNCH

### 1:00: **Toddlers are From Jupiter (Why Treating Young Children Looks Different) – Michelle Curtin**

**Presentation Description:** A discussion about the nuance and challenges around treatment in young children and why treatment with prescription medications is the exception. This talk will focus on how developing brain leads to diagnostic and treatment differences for this special group of children. An overview of medication “facts, fallacies and foibles” will also be shared.

**Speaker Bio:** Dr. Michelle Curtin is a Developmental-Behavioral pediatrician with a passion for childhood academic success and is herself a teaching physician. She is the founder and director of the School Success Clinic at Indiana University School of Medicine and Riley Hospital for Children and a partner with the Riley School Program. She is also the director of Behavioral Health Training for community primary care providers. She has trained and lived throughout the United States and is looking forward to someday “catching them all.”



## 2:00 – 2:15: BREAK

### 2:15: **Building the case for an early childhood mental health consultation model in Indiana: Understanding the data and innovative practices in other states - Karen Ruprecht**

**Presentation Description:** What data exists that supports why early childhood mental health consultation is needed? This presentation will highlight early childhood and health related data that can help build the case for support for an early childhood mental health consultation model in Indiana. Participants will learn how other states implement and fund early childhood mental health consultation and discuss which aspects of these models show promise for Indiana.

**Speaker Bio:** Karen Ruprecht, PhD, has worked in the field of early care and education at the local, state, and national level. Her research and professional interests are focused on the intersection of research, policy, and practice. In her current role, she manages a team that provides intensive technical assistance to state childcare administrators and their staff to enhance their leadership skills and to help them meet CCDF requirements. Her previous research and evaluation work focused on studying continuity of care for infants and toddlers; conducting QRIS validation, implementation, and longitudinal studies; evaluating a state-funded pre-k initiative; and implementing a coaching model in an early childcare setting. She is an alumnus of the Robert Wood Johnson Foundation Interdisciplinary Research Leaders Fellowship program where she examined childcare provider perspectives on serving children of parents who are incarcerated.



**3:15: Panel: Experiences with ECMH Consultation – Stacey Cornett, Barbara Andrews, Renee Sutherland, Sarah Bailey**



Stacey Cornett, LCSW, IMH-E® is a licensed clinical social worker specializing in working with young children with challenging behavior and behavioral health needs. She holds an Infant Mental Health Endorsement® as a Clinical Mentor and trains other professionals frequently in this area. Ms. Cornett serves as a consultant to several early childhood programs across the country and provides treatment to young children and their caregivers. She is the author of two books and several publications in the area of child mental health.

Barbara Andrews is the Disabilities/Mental Health Coordinator/Mentor Coach at SIEOC Head Start in Aurora, Indiana. She has been with Head Start for 30 years. Barbara received her bachelor's degree in Early Childhood Education/Mild Intervention from St. Mary of the Woods College in Terre Haute. Barbara collaborates with the special education cooperatives in the five county service areas to ensure the Head Start children receive all services to prepare them for kindergarten. She works closely with the local Community Mental Health Center to quickly identify children and families for mental health services. Barbara coaches and mentors the teaching staff. Barbara works closely with teaching staff through trainings, mentoring and modeling of Conscious Discipline in the classrooms. Conscious Discipline is the classroom management system that helps teachers use conflict to teach appropriate behavior and life skills. Barbara has been training staff on Conscious Discipline for over 9 years.



Renee Sutherland is a Licensed Clinical Social Worker and Conscious Discipline Certified Instructor, and has worked with children, families and educators for more than 30 years. For the past 20 years, she has served as an Early Childhood Mental Health Consultant, providing support to schools, organizations, families, and children. Since 2004 she has been sharing Conscious Discipline throughout the country through presentations and classroom coaching as well as consulted with numerous programs and schools through their Conscious Discipline implementation journey. In addition, she has trained over one thousand parents in the practice of Conscious Discipline as well as facilitated ongoing state-wide Conscious Discipline coach/mentor cohorts in Ohio and Indiana. Renee currently resides in Indianapolis, Indiana and is the owner of her own training and consulting organization, Raising Resilience with Conscious Discipline.

Sarah Bailey, M. Ed, IMH-E®, is the Director of Outreach and Sustainability at Infancy Onward. She has a master's degree in Education and a bachelor's degree in Early Childhood Education. She recently received her Adult Education Coaching Certification. She holds an Infant Mental Health Endorsement® as an Infant Family Specialist. Previously she has worked as an Inclusion Specialist, a First Steps provider, and an elementary school teacher.



**4:00: ADJOURN**

**\*Please leave your name badge holder and evaluation form at your table\***

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SAVE THE DATE - FREE TRAINING EVENT!

**Part I: Kardatzke Lecture Series on Infant Mental Health – *Maternal Mental Health Screening***

8:00 – 9:00 am at the Ruth Lilly Auditorium in Riley Hospital Outpatient Center

- OR -

View the lecture online LIVE via ZOOM

Join from a PC, Mac, iPad, iPhone or Android device: <https://iu.zoom.us/j/891676215>



**Part II: Viewing of the Film: *No Small Matter* with Discussion to Follow**

9:30am at the Research II Building, Room E101

